

International Symposium in Exercise and Health Psychology: 運動與健康心理學國際研討會:

APPLICATION IN SCHOOLS, HELPING PROFESSIONS AND YOUTH HEALTHCARE

在學校、輔助專業人士及 青少年保健的應用

Event Rundown 活動流程

Venue 地點: Hong Kong Sports Institute Lecture Theatre 香港體育學院演講廳

	Time 時間	Event 活動	Moderator 研討會主持人
A M	0930-0945	Opening 開幕禮	Dr. WONG Ming Yu, Claudia 黃茗瑜博士
	0945-1045	Dr. Christopher Willard's Sharing 分享 "Sharing Mindful Resilience with Children and Teens"	
	1045-1145	Dr. Jason Hotchkiss's Sharing 分享 "Cultivating Self-Compassion and Purpose among Teachers— Empowering Educators for Greater Fulfillment"	
	1200-1400	Lunch 午膳	
P M	1400-1445	Prof. Patrick IP's Sharing 葉柏強教授 分享 "新冠疫情對兒童健康和體質的影響"	Dr. LOUIE Hung Tak, Lobo 雷雄德博士
	1500-1545	Prof. YUNG Shu-hang, Patrick, MH, JP's Sharing 容樹恒教授, MH, JP 分享 "青少年運動的受傷與防治"	
	1600-1645	Dr. LAI Tai-sum, Tony's Sharing 黎大森醫生 分享 "香港學童的精神健康狀況"	
	1645-1700	Closing 閉幕禮	